# GROUP THERAPY

#### TRAINING PROGRAM IN SOUTH EAST ASIA: INTRODUCTORY COURSE BY DR. HAIM WEINBERG



# 14-15 DEC 2019

SCOTT PSYCHOLOGICAL CENTRE www.scottpsychologicalservices.com/workshop/

#### TRAINING PROGRAM IN SOUTH EAST ASIA

### An introductory course

The Sacramento Center for Psychotherapy in California, USA, offers a training program in group counseling for South East Asian professionals. It includes an introductory course (see below) that is equivalent to the American Group Psychotherapy Association (AGPA) core course, fulfilling the requirements for the theoretical part for becoming a Certified Group Psychotherapist (CGP), an experiential process group (4 days of face-to-face workshop + 20 online meetings), an advanced course (60 meetings) and a supervision group (fulfilling the requirement of 75 hours of supervision to become a CGP).The Sacramento Center for Psychotherapy in California is approved by the American Psychological Association (APA) to sponsor Continuing Education.

#### COURSE DESCRIPTION

This course will focus on basic concepts and theories in group therapy, Foundations

of Group Therapy, Leadership, Group Dynamics and Group Process and the Change Process in Groups and Teams. It will cover concepts such as the here-and-now, content vs. process, boundaries, resistance, regression, transference and counter-transference in groups. In addition, we will discuss theories of group and team developmental stages, the tasks of the group therapist and different roles of group members. We will briefly touch different approaches to groups and kinds of groups.

The group size will be limited to 8 participants to provide a more conducive setting for discussions.

This course fulfills the 12-hour theory required to become a Certified Group Psychotherapist (CGP) by the American Group Psychotherapy Association.



#### COURSE OBJECTIVES

In this course you will:

- 1. Learn basic concepts and terms in group process
- 2. Develop knowledge in theories of group therapy
- 3. Understand stages in group and team development
- 4. Compare different approaches to group therapy
- 5. Discuss the tasks of the leader
- 6. Identify resistance, transference, countertransference in groups
- 7. Learn about different kinds of groups

#### INSTRUCTOR



Haim Weinberg, PhD, is an internationally renowned clinical psychologist and group psychotherapist. He is a group analyst and Certified Group Psychotherapist in private practice in Sacramento, California. He is the past President of the Israeli Association of Group Psychotherapy and of the Northern California Group Psychotherapy Society (NCGPS). Dr. Weinberg was the Director of International Programs at the Professional School of Psychology in which he created and coordinated an online doctoral program in group psychotherapy, with cohorts of students in SE Asia. He co-edits a series of books about the social unconscious, wrote a book on Internet groups and co-authored a book on Fairy Tales and the social unconscious. Colleagues from SE Asia, who studied group therapy with Dr. Weinberg will lead some reading meetings.

Pre-requisite: Minimum Undergraduate degree/Master's degree in any discipline.

Structure: Two days of intensive face-to-face workshop (14-15 December 2019) in Singapore.

The group will be open only with a minimum of 8 participants.

#### 2-DAY COURSE FEES PRICE

Early Bird (Before 1st November 2019)\$900.00Normal (After 31st October 2019)\$1000.00

Payment by Cash, Nets, Bank Transfer or Cheque only (Cash and Nets payment must be made at Scott Psychological Centre)

Certificate will be issued by the Sacramento Centre of Psychotherapy to those completing the entire course.

## VENUE

Scott Psychological Centre 360 International Building #10-10

Singapore 238869

## INQUIRY

For Inquiries, please contact us @ workshop@scottpsychologicalservices.com